

\*Purchase MoviPrep at any pharmacy with the prescription given to you by our office\*

Name: \_\_\_\_\_ Birth Date: \_\_\_\_\_

Procedure Date: \_\_\_\_\_ Time: \_\_\_\_\_ Place: \_\_\_\_\_ Report to Facility: \_\_\_\_\_

**Day Before Examination: NO SOLID FOODS THE ENTIRE DAY BEFORE EXAM**

1. Early in the morning, mix first liter of bowel preparation according to instructions and refrigerate. (Fill to the line with warm water, mix and refrigerate). Do not drink before 6 p.m.

2. Drink only FULL and CLEAR liquids until 6:00 PM. – Drink a **MINIMUM of one gallon** of liquids from both lists.

FULL LIQUIDS ALLOWED: Milk (plain and chocolate), plain milkshakes and ice cream (vanilla, chocolate, coffee), orange juice (pulp free), yogurt without fruit, cream soups without solids (cream of tomato is allowed), smooth pudding (no tapioca or rice), Slim fast, Ensure, or similar products.

CLEAR LIQUIDS ALLOWED: Black coffee or tea, water, clear fruit juices like apple, white grape, white cranberry, flavored Jell-O without fruit, broth/bouillon, Hi-C, Kool-Aid, ice pops, Italian ice, Gatorade or any soda (diet or non-diet). Please avoid drinking liquids that are red or purple in color. Green, yellow, blue, and orange colors are acceptable. NO ALCOHOLIC BEVERAGES.

3. At 6:00 PM, begin drinking the prep. Drink an 8 oz. glass every 15 minutes (the container is graduated into 4 equal 8 oz. portions). Drink each glass quickly rather than drinking small amounts continuously. BE SURE TO DRINK ALL THE SOLUTION. It will take you one hour to finish drinking the first liter of MoviPrep. When the container is empty, prepare the second liter (see step 1) and refrigerate.

4. Over the course of the rest of the evening, continue to drink only CLEAR liquids (minimum of 16 oz).

5. You may feel bloated and nauseated at first (this is common and should disappear after bowel movements begin).

6. Your medication instructions are:

- \_\_\_\_\_ Take all your medication as usual (including blood pressure and cardiac)
- \_\_\_\_\_ No aspirin or aspirin-containing products for \_\_\_\_\_ days prior to test
- \_\_\_\_\_ No Coumadin for \_\_\_\_\_ days prior to test
- \_\_\_\_\_ No iron or iron-containing medication for \_\_\_\_\_ days prior to test
- \_\_\_\_\_ No NSAIDS (non-steroidal anti-inflammatory drugs) such as Aleve (Naproxen), Ibuprofen (Motrin), Advil, or similar meds \_\_\_\_\_ days prior to test
- \_\_\_\_\_ Special diabetic medication instructions: \_\_\_\_\_
- \_\_\_\_\_ Other instructions: \_\_\_\_\_

**Day of Examination:**

1. At \_\_\_\_\_ (5 hours prior to leaving your home), begin drinking the second liter of the MoviPrep. Drink an 8 oz glass every 15 minutes until the container is empty. This should take one hour. DO NOT drink or eat anything after completing the second liter of prep.

2. Your stool should be liquid and clear eventually.

**THE AM MEDS YOU ARE ALLOWED TO TAKE SHOULD BE TAKEN AT LEAST TWO HOURS BEFORE THE PROCEDURE WITH A SIP OF WATER ON THE DAY OF YOUR PROCEDURE. SOMEONE MUST DRIVE YOU HOME FROM THE OFFICE, HOSPITAL OR OUTPATIENT FACILITY. YOU MAY NOT DRIVE A CAR OR RETURN TO WORK UNTIL THE FOLLOWING MORNING.**

**PLEASE LEAVE ALL YOUR VALUABLES AT HOME. YOU MAY BRING READING GLASSES TO READ AND SIGN PRE-PROCEDURE FORMS. RGAL / MAGIC IS NOT RESPONSIBLE FOR YOUR VALUABLES: Photo ID is required at time of check in for patient verification purposes.**

**Please phone RGAL if you have any questions and notify our office within 72 business hours if you need to reschedule or cancel your procedure (717-544-3400). Failure to cancel your procedure within 72 business hours will result in an additional charge as well as a charge for any non-cancelable ancillary services.**

